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# Role of Ionic Surfactants in Constitution of Binary Micellar System for Solubilizing Telmisartan

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### **KEYWORDS**

Solubilization, single micelle, binary polymeric micellar solution, Thermodynamic parameters, binding constant value.

#### **ABSTRACT:**

In this study, two binary micellar systems of Pluronic P-123 (P-123) were employed for solubilizing antihypertensive drug Telmisartan (TMS). They are, P123 with cationic surfactant, cetyl pyridinium bromide (CPB); and P123 with anionic surfactant, ammonium dodecyl sulfate (ADS). The solubilization studies in two polymeric binary micellar mediums were investigated through conductivity, FTIR, and UV-visible spectroscopy. The change in the particle size and charge were observed through SEM, dynamic light scattering, and zeta potential measurements. From the conductivity studies various thermodynamic parameters such as Gibb's free energy of micellization ( $\Delta G_m$ ), Enthalpy ( $\Delta H_m$ ), and entropy of micellization ( $\Delta S_m$ ) were calculated. There was a negative value of  $\Delta G_m$  for both the mixed micellar systems, -20.4 kJmol<sup>-1</sup> for CPB + P-123 + TMS and -25.9 kJmol<sup>-1</sup> for ADS + P-123 + TMS. This is suggestive of the spontaneity of micellization of both the systems with drug TMS. UV studies demonstrated higher solubility with both the mixed micellar systems compared to solubilization in a single micelle of P-123. The binding constant values were determined from UV absorbance values using the Benesi - Hildebrand plot. The values were 79. 36 M<sup>-1</sup> for TMS +P-123, 465.11 M-1 for TMS + P-123 + CPB and 1133.8 M<sup>-1</sup> for TMS + P-123 + ADS. There was swelling of the micellar size from 16.23 nm to 52.02 nm for CPB group and from 3.16 nm to 32.04 nm for ADS group due to the encapsulation of TMS in the mixed micellar cavities. Size of both the ternary systems containing drug are suitable for cellular uptake. This study offers two alternative combinations of mixed polymeric micellar systems to enhance TMS solubilization to improve bioavailability.

### Highlights

- Better solubilization of TMS can be achieved through a binary micellar medium than a single micellar one.
- For constituting a binary micellar solution for TMS, ADS is more suitable than CPB.
- > This study offers a novel combination for TMS with greater solubility and bioavailability.

#### Introduction

Overcoming drug insolubility through combinatorial chemistry is gaining importance in recent years. Approximately 40% of the new active pharmaceutical ingredients are known to have good pharmacological activity. But they have poor aqueous solubility resulting in low bioavailability [1]. Drug solubility in biological fluid and its concentration to an acceptable degree in any www.jchr.org

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physiological system is important for producing the requisite drug effect in the human body. The primary condition for these pharmacological effects is that the drug should be soluble in the biological fluid. Hence, it is necessary to tune the environment of the drug in such a way that it is consistently soluble giving a required biological impact.

According to the biopharmaceutical classification system (BCS) the insoluble drugs are classified as class II drugs. These drugs have less aqueous solubility and high permeability [2]. Many methods are adopted such as solid dispersion, micro ionization, complexation, change of pH, and micellar solubilization [3,4]. Among the above methods, micellar solubilization is preferred as a drug carrier for many drugs due to their smaller particle size, nontoxicity, controlled release, enhanced permeability, and longer residence time in the system. It is used extensively for the treatment of essential hypertension [5]. The chemical name (TMS) 4'-[(1,4'-dimethyl-2'of Telmisartan is biphenyl[2,6'-bi-1H-benzimidazol]-1'-yl)methyl[1,1'biphenyl]-2-carboxylic acid [6]. It has a long half-life (24 h) when compared with other angiotensin II receptor blockers. One important property of this drug is its high lipophilicity. Because of this, there is more effective distribution and better tissue penetration of the drug [7]. However, one of the major concerns of TMS is that it is poorly soluble in aqueous medium, hence, in biological fluids also its solubility is limited [8]. There have been many successful attempts to enhance TMS solubility. But some are expensive and multistep processes [9], and some have instability problems Many drugs available in the market are in solid [5]. dispersion form [10]. Numerous surfactant systems are used for effective drug targeting and controlled release [11,12]. In some cases, the solid dispersion forms are tuned for better efficacy by the addition of surfactants. Micellar solubilization of hydrophobic drugs is commonly used in the pharmaceutical industry. In the category of surfactants, the Pluronic group is preferred because of their lower critical micellar concentration (CMC), better solubility, and controlled drug release. The Pluronic group of tri-block polymers either in a single form or in binary are prepared and used for various drugs. A poorly soluble drug like carbamazepine is solubilized in Pluronic [13]. They are also used as solubilizers for anticancer drugs [14]. There are uses of Pluronic P-123 as solubilizers in curcumin [15], paclitaxel [16], and docetaxel [17]. Pluronic P-123 and Pluronic F-127 have been used in solubilizing TMS [18–20]. Mixed micellar have been used for efficient solubilization of hydrophobic drugs [21-24]. There are a few studies on solubilization and interactions of a few drugs with various micellar systems of sodium dodecyl sulfate (SDS) and CPB by different research groups [25-27]. However, there is no work reported for ADS as a drug solubilizer. Also, binary micellar solution of P-123 with ionic surfactants to solubilize TMS is not available.

The CMC of surfactants are the deciding factor for the solubilization of hydrophobic drugs. And, the CMC of Pluronic is highly dependent and sensitive to the change in temperature [28]. The Pluronic group of amphiphiles generally form spherical micelles, wherein the hydrophobic part (PPO blocks) are at the core surrounded by the hydrophilic part (PEO blocks) at the corona [29]. These micelles are capable of organizing into cubic structures to generate thick and non-transparent gels above ~20% polymers. In this work, Pluronic micellar solution is used at a post-CMC concentration. Attempts have been made to tune the P-123 surfactant by combining it with a cationic surfactant, Cetyl Pyridinium Bromide (CPB) and an anionic surfactant, Ammonium Dodecyl Sulfate (ADS), for improving some physico chemical properties while interacting with drug TMS. The investigations were done through conductivity, UV-Spectrophotometry, FTIR, DLS, Zeta potential, and SEM studies. The impact of the positive and negative charges on the constitution of binary micellar systems using P-123 was assessed while solubilizing TMS.

#### 2. Materials and Methods:

Pluronic P-123 (95 % purity), CPB (97 % purity), and ADS (98 % purity) used were as sigma Aldrich grade. TMS (97 % purity) was supplied by Madras Pharmaceutical Ltd. It was used without further purification. Double distilled water was used for solution preparation.

#### 2.1. Sample Preparations:

Stock solutions of TMS were prepared by weighing 0.0106 g in 20 ml of methanol. To this 80 ml of pH 7.4 (phosphate buffer) was added and the volume was made up

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to 100 ml. The concentration of the stock solution was  $20.59 \ \mu$ M. For different experiments, this stock solution was diluted suitably.

The stock solution of 20 mM CPB surfactant was prepared by weighing 0.8 g in 100 ml double distilled water. After that, it was sonicated for 20 minutes to get a transparent solution.

About 1.8 g of the anionic surfactant ADS was weighed accurately and dissolved in 100 ml double distilled water at room temperature. The prepared stock solution was of 60 mM concentration.

Pluronic P-123 solution was prepared by weighing accurately 5 g of stock solution. It was dissolved in 10 ml of double distilled water and then kept in the refrigerator for 24 hours. Then it was made up to 100 ml. The stock solution concentration was 8.716 mM which was suitably diluted for different experiments.

#### Methods:

#### 2.2. Conductivity Measurement:

The conductance of the TMS solution in the presence of two mixed micellar solutions viz., P-123 + CPB and P-123 + ADS was observed through conductivity measurements. They were compared with the conductance of both the pure ionic surfactants, CPB and ADS. The experiments were carried out using a PICCO-180 conductivity meter assembled with a platinum electrode dipped in the solution. All the measurements were done at room temperature. Calibration was carried out before starting the experiment using a standard potassium chloride solution. The chosen concentrations of surfactants were before, at, and after CMC. The measured specific conductance values were plotted against the concentration of the surfactants. From the plots, after identifying CMC, which is the point of inflection, the pre- and post-micellar slopes were determined. From the slopes, the counter ion binding constant  $\beta$  was calculated using the formula,

 $\frac{s_1}{s_2} = \alpha - \dots (1)$   $1 - \alpha = \beta - \dots (2)$ 

Where  $S_1$  and  $S_2$  represent the slopes of post and premicellar concentration respectively. Define  $\alpha$ . Using  $\beta$ , various thermodynamic parameters like  $\Delta G$ ,  $\Delta H$ , and  $\Delta S$  were calculated using the formula,

 $\Delta G = (2-\beta) RT \ln X_{cmc}$  (3) where T is the temperature,  $X_{cmc}$  is the mole fraction of surfactant and R is the gas constant

= 8.314 J/mol k

$$\Delta H = -2.3 \ (2-\beta) \ RT2 \left[ \frac{\partial (\log x cmc)}{\partial T} \right]_{\rho} - \dots$$
(4)

From the above equation, plotting log  $X_{cmc}$  vs. T gives a straight line with a slope (log  $X_{cmc}$ )/ $\Theta$ T. The entropy was obtained by using the formula,

 $\Delta S = \frac{\Delta H - \Delta G}{T} \quad \dots \tag{5}$ 

#### 2.3. Fourier transform infrared spectrum:

The FTIR spectra of TMS, TMS in the presence of single/mixed surfactants were recorded using carry–630 FTIR, Agilent technologies. The spectra were recorded in the range of 600 to 4000 cm<sup>-1</sup>. There were four samples used for the experiment. TMS, TMS + P-123, TMS + P-123 + CPB and TMS + P-123 +ADS. Except first one, the other three samples were taken in a 1:1 ratio, and ground in a mortar for uniformity before taking the runs. The structural changes occurring in TMS in the presence of single/binary micelles were noted. The chemical structures of TMS and surfactants are displayed in Fig.1

#### 2.4. UV spectrophotometry:

UV spectrophotometric studies were carried out using Shimadzu UV – 2600K with a 1 cm quartz cell. From the stock solutions, suitable dilutions were made and three sets of readings were recorded. They were TMS + P-123, TMS + P-123 + CPB and TMS + P-123 + ADS.

The binding constant  $K_b$  was calculated from the UV absorption data using a Benesi-Hildebrand plot using the formula:

A =  $(A_0 + B K_b C)/(1 + K_b C)$  -----(6) where,

 $A_0$ = Absorbance of pure probe TMS in P-123

A= Absorbance of analyte at different concentrations of CPB or ADS

B=Constant

C= Surfactant (CPB or ADS) concentration (M)

#### 2.5. Zeta Potential:



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The zeta potential of two ionic surfactants viz., CPB, ADS, and their mixed micelles with P-123, viz., P-123 + CPB and P-123 + ADS) without and with TMS were monitored. The instrument used was a Nano–ZS Zetasizer from Malvern panalytical, UK. Manual measurement mode was used. Each sample was measured three times with 15 runs in each measurement with disposable folded capillary cells.

### 2.6. Dynamic light scattering (DLS) Studies:

The micellar size of the single/mixed micellar systems without and with TMS was measured by dynamic light scattering correlation spectroscopy using Nano – ZS Zetasizer from Malvern Panalytical, UK at 25 °C. Manual measurement mode was used. Each sample was measured three times with 15 runs in each measurement with disposable folded capillary cells from the change in the micellar size, the drug encapsulation in different micellar systems was assessed and analyzed. All analysis assumed

spherical micelle formation (which may not always comply with reality) for relative comparisons.

#### 2.7. Scanning electron Microscopy (SEM) studies:

Scanning electron microscopic (SEM) images were taken to study the morphological information about the sample surface. The instrument used was JSM-6610 LV. The observation maximum of the sample was up to 5  $\mu$ m diameter. At 30 KV, the high-resolution measurement showed clarity with fine structure. The images were taken for TMS, TMS + P-123, TMS + P-123 + CPB, and TMS + P-123 + ADS. They were recorded for two different magnifications.

### 3. Results and discussion:

### **3.1. Conductivity studies:**

The structure of the drug telmisartan (TMS) and the three surfactants; Pluronic P-123, cetyl pyridinium bromide (CPB), and ammonium dodecyl sulfate (ADS) are presented in Fig 1.



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CMC : 6 mM, 0.6 mM

Fig 1. The structures of (a) drug Telmisartan (b) Pluronic P-123 (c) Cetyl Pyridinium Bromide and (d) Ammonium Dodecyl Sulfate.

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The ionic surfactants behave like electrolytes in aqueous medium. Hence, the aggregation properties of CPB and ADS in presence of P-123 in the first step to form mixed micelle and in the next step, the interaction of mixed micelle with TMS was studied. Conductivity studies on these micelles in different systems are reported in the literature [30-38]. Pristine CPB was taken in different concentrations. The specific conductivity values were recorded and plotted against concentration. From the sharp change of specific conductance, (shown in Fig 2 a) the CMC value was evaluated. It was observed to be 0.8 mM which is in good agreement with the reported literature values of  $6.0x10^{-4}M$  [27],  $7.3x10^{-4}M$  [39],  $7.1x10^{-4}M$  [40], 0.76 mM [41]. In the next step, P-123, the nonionic surfactant was added to the same concentrations of CPB as before. Although the ionic

contribution for conductance was minimum, the mixed micelle of CPB + P-123 showed somewhat higher conductance values. The point of intersection was 0.5 mM which is the CMC (Fig 2 (b)). The CMC thus reduced from 0.6 mM (pure CPB) to 0.5 mM for mixed micelle indicating that the latter is a better solubilizing medium. The following step was to add a fixed concentration of TMS into the mixed micellar system of CPB + P-123. The CMC of this system was observed (shown in Fig 2 c) to be 0.4 mM, further lower a value than the mixed micelle. Hence, it can be predicted that the mixed micelle P-123 + CPB solubilized the drug TMS successfully. Similar lowering of CMC by previous researchers during drug solubilization have been reported before [42].



Fig 2. Specific conductivity of (a) CPB (b) CPB + Pluronic P-123 and (c) CPB + Pluronic P-123 + Telmisartan.

In a similar fashion, ADS, the anionic surfactant was taken in different concentrations. The specific conductance values were noted and plotted against the concentration. Here too, the point of sharp increase was observed at 6 mM, which was assigned to be the CMC (Fig 3 a). The value matches with reported literature values of 6.48 mM [34], 6.16 mM [36], 6.5 mM [38]. In the succeeding step, nonionic P-123 was added and conductance was monitored. The CMC was observed to be 4.8 mM for ADS + P-123 (Fig 3 b). Thus, this can also be predicted to

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be a successful mixed micellar system. The next step was to add the drug TMS to the mixed micelle at different concentrations of the ADS. The CMC was found to be 3.6 mM (Fig 3 c), still lower a value than ADS + P-123. Thus, it can be said that TMS has been successfully solubilized in the ADS + P-123 medium. It is apparent that there is increased specific conductance as one moves from ionic surfactant to ionic surfactant – P123-TMS. Fig 2 and fig 3 display this. It is noteworthy to mention that in fig 2 and 3 there are some points with same specific conductance value. In such a case, the most prominent break is presumed as the CMC.



Fig 3. Specific conductivity of (a) ADS (b) ADS + Pluronic P-123 and (c). ADS + Pluronic P-123 + Telmisartan.

#### **3.1.1. Calculation of thermodynamic parameters:**

After identifying the CMC of the cationic and anionic sets of surfactants, in the presence and absence of TMS, the slopes of the premicellar and post micellar regions were found. From the slopes, S1 and S2, the counterion binding constant  $\beta$  and various thermodynamic parameters were calculated using the formula described in 2.2. The results are shown in Table 1 along with other reported literature values.

In the CPB set, the  $\Delta G$ , Gibbs free energy of micellization was found to be -13.76 kJ mol<sup>-1</sup>. The second aliquot, CPB + P-123 showed -19.18 kJ mol<sup>-1,</sup> and third

aliquot, CPB + P-123 + TMS displayed -20.4 kJ mol<sup>-1</sup>. The negative value in all three cases is a sign of the occurrence of spontaneous micellization. And, higher negative value of - 20.4 kJ mol<sup>-1</sup> of the TMS mixed micellar system compared to CPB and CPB + P-123 indicated the formation of a stable complex (CPB + P-123 + TMS) with greater spontaneity. The  $\Delta$ H were found to be -5.7 kJ mol<sup>-1</sup>, -6.4 kJ mol<sup>-1</sup>, and -9.8 kJ mol<sup>-1</sup> for the above-said systems. The negative values here indicate that the micellization is exothermic for the three systems. The  $\Delta$ S entropy of micellization, values for the three aliquots were 3.3 kJ mol<sup>-1</sup>, 4.2 kJ mol<sup>-1</sup>, and 3.5 kJ mol<sup>-1</sup> respectively. The positive value of  $\Delta$ S is symbolic

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of more disorderness developed in the system. Hence, the micellization is favorable for the solubilization of TMS.

In the ADS set, the free energy of micellization  $\Delta G$  was -6.3 kJmol<sup>-1</sup> for pristine ADS, -16.0 kJ mol<sup>-1</sup> for ADS + P-123, and -25.9 kJ mol<sup>-1</sup> for ADS + P-123 + TMS. All three negative values suggest spontaneity of micellization and the highest negative value for the third aliquot predicts that the solubilization of TMS is more spontaneous. The  $\Delta H$  values were -2.8 kJ mol<sup>-1</sup>, -6.8 kJ mol<sup>-1</sup>, and -10.6 kJ mol<sup>-1</sup>, respectively for the three sets. This suggests that the micellization is exothermic in nature. The  $\Delta S$  values

observed were 1.11 kJ mol<sup>-1</sup>, 3.0 kJ mol<sup>-1</sup>, and 5.3 kJ mol<sup>-1</sup> respectively. The positive values infer that the three systems are entropy driven and the highest value of 5.3 kJ mol<sup>-1</sup> among the three systems indicated greater stability of the ADS + P-123 + TMS system. There are some previous works reported by different research groups. The  $\Delta G$ ,  $\Delta H$ , and  $\Delta S$  values of all the literatures are presented in Table 1. The methods and systems are also mentioned in the table. The discrepancy observed for  $\Delta G$ ,  $\Delta H$ , and  $\Delta S$  from our data may be due to the difference in the medium of micellization reported in the literature [30,32-34].

**Table 1.** Thermodynamic parameters of Telmisartan in the ionic and non-ionic mixed micellar systems at different chemical environments were collected from literature with results from this work.

System	Temp (K)	ΔG	ΔH	ΔS	Ref
		kJ mol <sup>-1</sup>	kJ mol <sup>-1</sup>	kJ mol <sup>-1</sup>	
CPB with 1 mM	25°C	-12979.6 kcal mol <sup>-1</sup>	-2937 kcal mol <sup>-1</sup>	33.7 kcal mol <sup>-1</sup>	[30]
buffer solution at	30°C	-14278.8 kcal mol <sup>-1</sup>	-3189 kcal mol <sup>-1</sup>	36.6 kcal mol <sup>-1</sup>	
pH 7.3 as observed	35°C	16076.4 kcal mol <sup>-1</sup>	-4280 kcal mol <sup>-1</sup>	38.3 kcal mol <sup>-1</sup>	
from ITC studies	$40^{0}$ C	17133.2 kcal mol <sup>-1</sup>	-5114 kcal mol <sup>-1</sup>	38.4 kcal mol <sup>-1</sup>	
<b>CPB</b> in aqueous		kJ mol <sup>-1</sup>	kJ mol <sup>-1</sup>	kJ mol <sup>-1</sup>	[32]
solutions of DMSO		-47.46	24.58		
		-48.84	14.20		
		-42.35	-14.65		
		-42.53	-13.16		
		-33.34	13.23		
<b>CPB</b> in aqueous		-48.51	-12.57		
solutions of DESO		-45.39	-19.73		
		-44.11	-20.53		
		-41.52	-22.57		
		-40.41	25.19		
<b>CPB</b> in Various	298.15 K	-46.63	30.36	0.258	[33]
<b>Compositions of</b>		-44.13	12.30	0.189	
PrOH- WR Mixed		-42.14	-	-	
Media		-43.38	-25.20	0.061	
		-39.16	-	-	
		-37.29	-18.82	0.062	
		34.29	-	-	
		32.07	20.85	0.038	
		32.38	-	-	
	303.15 K	-46.41	30.81	0.255	
		-44.75	12.59	0.189	
		-42.09	-25.07	0.056	

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		-38.87	-20.03	0.062	
		-32.60	-21.80	0.036	
Micellization of ADS	24°C	-18.371	-1.194	0.058	[34]
	29°C	-17.430	-2.471	0.050	
	34°C	-18.448	-3.966	0.047	
СРВ	300 K	-13.766±0.068	-5.736±0.065	3.343±0.625	[This
CPB + P-123	300 K	-19.184±0.050	-6.425±0.074	4.253±0.621	work
<b>CPB + P-123 + TMS</b>	300 K	-20.416±0.042	-9.803±0.046	3.537±0.761	
ADS	300 K	-6.381±0.036	-2.868±0.074	1.117±0.063	
ADS + P-123	300 K	-16.004±0.032	-6.895±0.087	3.036±0.751	
ADS + P-123 + TMS	300 K	-25.959±0.041	-10.612±0.451	5.398±0.065	

### **3.2. FTIR Spectroscopy:**

The structural changes in drug TMS due to the addition of single and binary micelles were observed through FTIR studies. The FTIR of TMS is well studied by

researchers [19,43-60]. The bond assignments of our results are displayed in Table 2 and Figure 4. In Table 3, the IR spectra observed for TMS by different groups of scientists in various chemical environments are also presented.



Fig 4. IR spectra of (a). TMS, (b). TMS + P-123, (c). TMS + P-123 + CPB, (d). TMS + P-123 + ADS

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# Table 2. The IR spectrum of (i) TMS, (ii) TMS + P-123, (iii) TMS + P-123 + ADS, (iv) TMS + P-123 + CPB

A	Wavenumber (cm <sup>-1</sup> )				
Assignments	TMS	TMS+P-123	TMS+P-123+CPB	TMS+P-123+ADS	
N-H stretching	3056	-	3566	3529	
C-H stretching	2955	2969	2969	-	
O-H stretching	2868	2866	2867	3529, 2924, 2868	
C=C stretching	1599, 1685	1695	1717	1690	
C-N stretching	1380, 1128, 1009	1373, 1091	1373	1374	
C-O stretching	1263, 1128,	1295, 1264, 1091	1295, 1264, 1091	1295, 1261, 1093	
C=C bending	862, 813	862, 813	930, 862, 814	1010, 862	
C-H bending	1458	1457, 740	1457, 740	1458, 740	

Table 3. IR spectra of Telmisartan in different chemical environments collected from the literature.

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	N-H stretching	О-Н	C=C stretching	C-N stretching	C-H bending	Ref
		stretching				
	2959, 2931	2871	1733, 1616		758, 741	[19]
	3416, 2965		1695, 1604	1396, 1267	1452, 740	[43]
	3416, 2962		1698	1350 - 1200	1460	[52]
	3375, 2933	2871	1698			[53]
	3421, 2933	2869	1962, 1613, 1599			[54]
	3022		1702, 1571		749	[55]
		2867	1698	1267	1458	[56]
u u	3446, 3063, 2957		1697, 1599		1458	[57]
rtaı er (c	3443		1733, 1694			[58]
nbe			1699		758, 740	[59]
elm nun	3433		1690, 1579			[60]
T ave	3450, 2900		1600	1385, 1350,		[44]
M				1210		
	3433, 3057, 2958		1695, 1603		1455	[45]
	3410, 3056, 2957		1598	1382	1459	[46]
	3500 - 3300	3000 - 2800	1693		757	[47]
	3057, 2960		1701, 1608	1334	738	[48]
	3445		1614, 1599			[49]
	3060		1692			[50]
	3063, 2957		1695, 1604	1303, 1236	1454	[51]
	3056, 2955	2868	1599, 1685	1380, 1128,	1458, 740	[This
				1009		work]

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For TMS, there were bands at 3056 cm<sup>-1</sup> for N-H stretching, 2955 cm<sup>-1</sup> for C-H stretching, 2868 cm<sup>-1</sup> for O-H stretching, 1599 cm<sup>-1</sup> and 1685 cm<sup>-1</sup> for C=C stretching, 1263 cm<sup>-1</sup> for C=O stretching, 862 cm<sup>-1</sup> and 813 cm<sup>-1</sup> for C=C bending, 1458 and 740 cm<sup>-1</sup> for C-H bending. All these signals match the literature. In addition of P-123 to TMS there were peaks at 2965 cm<sup>-1</sup>, 2866 cm<sup>-1</sup>, 1457 cm<sup>-1</sup> 740 cm<sup>-1</sup> <sup>1</sup> they stand for C-H stretching, O-H stretching and C-H bending, respectively. There were also signals at 1373 cm<sup>-1</sup>, 1264 cm<sup>-1</sup>, 1091 cm<sup>-1</sup>, and 862 cm<sup>-1</sup> which were due to C-N stretching and C=C bending, respectively. 1128 cm<sup>-1</sup> of TMS gets shifted to lower wave number 1091 for C-N stretching with a high intensity predicting that there is bond formation. The 2868 cm<sup>-1</sup> band shifts to 2866 cm<sup>-1</sup>, and another shift to a lower number infers a short and strong bond in the area.

The next sample was with TMS + P-123 + CPB. Here, signals observed were at around 3331 cm<sup>-1</sup>, 2924 cm<sup>-1</sup>, and 2868 cm<sup>-1</sup> which were due to O-H stretching frequency. There were also bands at 1690 cm<sup>-1</sup>, and 1374 cm<sup>-1</sup> representative of C=C stretching and C-N stretching respectively. Peaks at 1295 cm<sup>-1</sup>, 1261 cm<sup>-1</sup>, and 1093 cm<sup>-1</sup> are symbolic of C-O stretching frequency. The strong peak at 1010 cm<sup>-1</sup>, 862 cm<sup>-1</sup> is for C=C bending and 1458 cm<sup>-1</sup>, 740 cm<sup>-1</sup> for C-H bending. The 1599 cm<sup>-1</sup> of TMS gets shifted to a lower wave number of 1458 cm<sup>-1</sup> due to bond formation in this area. The 1128 cm<sup>-1</sup> of TMS gets shifted to a lower wave number at 1093 cm<sup>-1</sup> predicting that at C-O stretching area, there is bond formation.

In the fourth spectra of TMS + P-123 + ADS, there were peaks observed at 2969, and 2867 cm<sup>-1</sup> which stand for C-H stretching and O-H stretching respectively. The C=C

stretching appearing at 1685 cm<sup>-1</sup> of TMS now gets to a higher wavenumber of 1717 cm<sup>-1</sup>. The C-N stretching of TMS from 1380 cm<sup>-1</sup> is shifted to 1373 cm<sup>-1</sup>. This is one shift to lower wavenumber. 1128 cm<sup>-1</sup> of TMS is shifted to 1091 cm<sup>-1</sup> with a very strong peak. This is a second shift to a lower wavenumber. The 1264 cm<sup>-1</sup> C-O stretching is uniformly present in all four spectrums which means that this area is not affected by bonding. The 3566 cm<sup>-1</sup> of N-H stretching area gets a medium signal which was not present in the TMS. Here also there is bond formation. Hence, in the complex of TMS + P-123 + ADS, there are three sites where bond formation is taking place.

Thus, looking at the structural changes occurring for TMS one can say that TMS + P-123 + ADS are bound more strongly with more binding sites than TMS + P-123 + CPB.

#### **3.3.** UV – Visible Spectroscopy:

In order to observe to change in hydrophobicity and complex formation occurring in TMS in the environment of the single and binary micellar solution, UV Spectroscopy was conducted. The methanolic aqueous solution of TMS was used for the purpose. It displayed the  $\lambda_{max}$  at 294 nm which is in good agreement with literature [61,62]. A calibration of TMS was constructed which is shown in Fig S1 of the supplementary section. There were three sets of readings taken to visualize the effect of anionic/cationic charge in the mixed micelle during interaction with TMS. They were P-123, P-123 + CPB and P-123 + ADS. The CPB solutions were sufficiently diluted (above CMC) before adding the drug solutions.



**Fig 5 (a).** UV absorbance spectrum of Telmisartan with different concentrations of Pluronic P-123 (**A**). X (14.41  $\mu$ M) (**B**). X + P-123 (0.43 mM), (**C**). X + P-123 (0.87 mM), (**D**). X + P-123 (1.30 Mm), (**E**). X + P-123 (1.74 mM), (**F**). X + P-123 (2.17 mM), (**G**). X + P-123 (2.61 mM), (**H**). X + P-123 (3.05 mM), (**I**). X + P-123 (3.48 mM), (**J**). X + P-123 (3.92 mM). Inset: Molar extinction coefficient vs. concentration

In the first set, different concentrations of P-123 were added to the TMS solution. The spectra are shown in Fig 5 (a). It can be seen that there is a red shift in the  $\lambda_{max}$  by 4 nm with increased absorbance on the addition of nonionic P-123. This polymeric surfactant P-123 is an important pluronic that has the capacity to solubilize many hydrophobic drugs [63-68]. With TMS also it has been used earlier [18]. Because of its nontoxicity, it has been preferred in the solubilization of many drugs in the pharmaceutical field. To the aqueous solution of TMS, surfactant P-123 was added in the range of 0.43 mM to 3.92 mM. This concentration was chosen well above CMC to ensure complete micellization. The red shift and higher absorbance indicated that more drug molecules are getting solubilized in the micelles of P-123. The absorbance spectra 294 nm is due to  $\pi$  - $\pi^*$  transition. And there is a complex formation taking place between TMS and P-123. The inset shows the change in the extinction coefficient of the absorbance.

The next set of readings was taken for fixed (TMS 14.41  $\mu$ M + P-123 0.43 mM) concentration with varied cationic surfactant CPB. The CPB concentration varied from 1.04 mM to 9.36 mM, which is above CMC. In the presence of this cationic mixed micellar solution, there was a 4.5 nm redshift with increased absorbance Fig 5 (b). This infers complex formation taking place in the mixed micellar solution. At high concentrations, however, the nature of the curve changed which may be due to a change in the micellar structure from spherical shape. The inset shows the change in the extinction coefficient trend of TMS while present in TMS + CPB mixture.



**Fig 5 (b). UV** absorbance spectrum of Telmisartan in the presence of fixed Pluronic P-123 + different concentrations of Cationic Surfactant CPB (**A**). TMS (14.41  $\mu$ M) (**B**). (TMS (14.41  $\mu$ M) + P-123 (0.87 mM)) X + CPB (1.04 mM), (**C**). X + CPB (2.08 mM), (**D**). X + CPB (3.12 mM), (**E**). X + CPB (4.16 mM), (**F**). X + CPB (5.20 mM), (**G**). X + CPB (6.24 mM), (**H**). X + CPB (7.28 mM), (**I**). X + CPB (8.32 mM), (**J**). X + CPB (9.36 mM). Inset: Molar extinction coefficient vs. concentration.

Wavelength (nm)

The third set of spectra was recorded using fixed (TMS + P-123) concentration and varied ADS and is given in Fig 5 (c). The surfactant ADS was chosen in the 3.17 mM to 28.57 mM which were all above the CMC. In this case, also, the negative ion of ADS impacted the mixed micelle of P-123 + ADS while interacting with TMS. There was a 2.5 nm redshift with increased absorbance. These implied that

0.1

there are more TMS molecules present in the mixed micellar solution. The inset displays the change in extinction coefficient of TMS in TMS + ADS mixture. From the absorbance values, a B-H plot was drawn to calculate the binding constant using the formula given in section 2.4. The results are displayed in Table 4.





Fig 5 (c). UV absorbance spectrum of Telmisartan in the presence of fixed Pluronic P-123 + different concentrations of Anionic Surfactant ADS (A). TMS (14.41  $\mu$ M) (B). (TMS (14.41  $\mu$ M) + P-123 (0.87 mM)) X + ADS (3.17 mM), (C). X +DS (6.35 mM), (D). X + ADS (9.52 mM), (E). X + ADS (12.7 mM), (F). X + ADS (15.87 mM), (G). X + ADS (19.05 mM), (H). X + P-123 (0.87 mM) + ADS (22.22 mM), (I). X + ADS (25.4 mM), (J). X + ADS (28.57 mM). Inset: Molar extinction coefficient vs. concentration.

It is observed that the binding constant for a single polymeric surfactant P-123 was 79.36  $M^{-1}$ . The values for P-123 + CPB and P-123 + ADS were 456.62  $M^{-1}$  and 1138.78  $M^{-1}$ , respectively. This indicates enhanced binding

of the latter two combinations than the former. Hence, it can be said that in both the binary micellar mediums there is enhanced binding of TMS binding compared to the single P-123 surfactant.

**Table 4.** Evaluation of binding constant ( $K_b$ ), and correlation coefficients ( $R_c$ ) for complex from TMS + P-123, TMS + P-123 + CPB, TMS + P-123 + ADS Ultra Violet visible technique

. 0	Re Correlation coefficient
$79.36\pm8.651$	$0.9285 \pm 0.123$
$456.62 \pm 3.078$	$0.9811 \pm 0.355$
$1133.78 \pm 2.27$	$0.9699 \pm 0.242$
	$79.36 \pm 8.651$ $456.62 \pm 3.078$ $1133.78 \pm 2.27$



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### 3.4. Zeta Potential Measurements:

To examine the electrochemical behavior of the three single and two mixed micellar solutions and the behavior of TMS in the mixed systems, a zeta potential (ZP) experiment was carried out [68-74]. The first aliquot was for P-123. The zeta potential was found to be 2.39 mV with mobility of 0.18  $\mu$ m cms<sup>-1</sup>. This low value of zeta and mobility is due to the nonionic nature of the surfactant. Pure ADS and pure CPB solutions displayed high negative and positive ZP values of -44.6 mV and 14.1 mV, respectively. As observed, ADS shows a greater effect on ZP which is in the stable colloidal range compared to CPB. The next couple of readings were taken for P-123 + CPB and P-123 + ADS. Here, the ZP value got increased for both due to the addition of nonionic P-123. The ZP was 25.8 mV, and 13.3 mV, and the mobility changed to 2.0 mV and -1.9 mV, respectively for CPB and ADS mixed micellar sets. The results are shown in Table 5 and Fig 6.



# Zeta Potential (mV)

**Fig 6.** Change in the zeta potential of Drug Telmisartan in single and mixed micellar systems. (Assign which colour is for which system here itself or near the values.) (a). P-123, (b). CPB, (c). P-123+CPB, (d). P-123+CPB+TMS, (e). ADS, (f). P-123+ADS, (g). P-123+ADS+TMS

Table 5. Zeta potential for pure and mixed Pluronic in the presence and absence of Telmisartan.

1 1	1		
Surfactant system	ZP (mV)	Mob (µm cm/Vs)	
P-123	$2.39\pm0.764$	$0.18\pm0.059$	
СРВ	$14.1 \pm 1.13$	$1.105 \pm 0.088$	
P-123 + CPB	$25.8\pm0.700$	$2.024\pm0.052$	
<b>P-123 + CPB + TMS</b>	$13.3 \pm 2.30$	$1.044 \pm 0.180$	
ADS	$-44.6 \pm 1.2$	$-3.496 \pm 0.096$	
P-123 + ADS	$-24.8 \pm 0.651$	$-1.940 \pm 0.051$	
<b>P-123 + ADS + TMS</b>	$-32.4 \pm 0.872$	$-2.540 \pm 0.068$	

In the final step, TMS was added to both the mixed micellar systems wherein there was a change in the ZP and mobility. The CPB set changed from 25.8 mV to 13.3 mV

and the ADS set from -24.8 mV to -32.4 mV. The value of ZP predicts that TMS in the mixed micellar medium produces stable colloidal particles mainly in ADS + P-123 595

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micellar mixture with moderate mobility which is required for the drug to be mobile in the body.

### **3.5. DLS Measurements:**

Drug-loaded micelles display different sizes than the normal micellar system. The sizes of single and binary

micelles with and without TMS were measured through dynamic light scattering experiments. The two mixed micellar sets are presented separately in Fig 7 (a) and Fig 7 (b). The hydrodynamic diameter  $(Z_{ave})$  values are shown in Table 6.



Fig 7. Dynamic light scattering data of Drug Telmisartan in single and mixed micellar (a) Cetyl Pyridinium Bromide and (b) Ammonium Dodecyl Sulfate systems.

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**Table 6.** DLS data showing the variation of the hydrodynamic diameter in pure and mixed Pluronic in the presence and absence of Telmisartan.

Surfactant system	Z-Average (nm)	PDI	
P-123	$6.70 \pm 0.231$	$0.525\pm0.045$	
СРВ	$16.23 \pm 0.965$	$0.331 \pm 0.061$	
<b>P-123 + CPB</b>	$18.74 \pm 1.12$	$0.322\pm0.048$	
<b>P-123 + CPB + TMS</b>	$52.02\pm4.062$	$0.145\pm0.035$	
ADS	$3.16 \pm 0.335$	$0.247 \pm 0.012$	
P-123 + ADS	$17.26 \pm 1.253$	$0.339 \pm 0.621$	
<b>P-123 + ADS + TMS</b>	$32.04\pm0.541$	$0.228\pm0.654$	

As observed, the size of single micelles of P-123, CPB, and ADS was observed to be 6.7, 16.23, and 3.1 nm respectively. The mixed micelles of P-123 + CPB and P-123 + ADS displayed a diameter of 18.74 and 17.26 nm respectively. On adding TMS to the mixed micelles, there was swelling of the micelle from 18.7 to 52.02 nm and 17.2 to 32.04 nm for CPB set and ADS set of mixed micelles respectively. This increase in the size of hydrodynamic diameter indicated that the mixed micelle has encapsulated more drug TMS molecules in the micellar cavity. The DLS of several micellar systems has been reported before [44,56,69-71,73,74]. The micellar size of ADS increases from 3.16 nm to 32.04 nm, which is a significant enhancement in size compared to CPB, which changes from 16.23 nm to 52.02 nm. Hence, it is apparent that P-123 + ADS can encapsulate more TMS molecules than P-123 + CPB.

In the administration of nanomedicines, it is observed that smaller particle sizes with less than 100 nm is favorable for tissue penetration and blood circulation [75-77]. In this case, both the polymeric-ionic binary combinations containing telmisartan with sizes 32.0 nm and 52.0 nm are suitable for cellular uptake.

### **3.6. SEM Measurements:**

To visualize the surface morphology of the drug in a single/mixed micellar system, SEM photographs were taken. SEM images of TMS drugs in other chemical environments have been reported before in the literature [20,44,71,74].

The results are shown in Fig 8 (a), in Fig 8 (a) the particles of drug powder in different sizes and shapes with crystallinity are visible. In 1  $\mu$ m the size looks magnified in the 500 nm figure without any change in geometrical shape. In addition to P-123 to TMS in Fig. 8(b), the gel nature of P-123 is reflected which is visible as capsule shapes in 1  $\mu$ m and 500 nm resolution. There is a drastic change in the shape and appearance of particles suggesting that TMS is encapsulated in a polymeric micelle of P-123. On adding mixed micelle P-123 + CPB to TMS in Fig 8 (c) and P-123 + ADS to the drug in Fig 8 (d), the capsule-shaped drug looks to be somewhat homogenous with solid particles of capsule shape in both 1  $\mu$ m and 500 nm resolution.

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TMS +P-123 + ADS (1 μm)

TMS +P-123 + ADS (500 nm)

Fig 8. SEM images of (a). TMS, (b). TMS + P-123, (c). TMS + P-123 + CPB, (d). TMS + P-123 + ADS at different magnification.

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### **Conclusion:**

Two polymeric binary micellar mediums are identified for solubilizing the anti-hypertensive drug TMS. The conductivity studies demonstrated spontaneity in micellization for the drug-encapsulated mixed micelles. The UV spectroscopy revealed a greater binding constant for TMS + P-123 + ADS and TMS + P-123 + CPB system compared to the single micelle of P-123. Furthermore, the former combination has more efficient binding than the latter, predicting ADS, a more suitable ionic surfactant in the polymeric binary micellar system for TMS. This was further affirmed by the particle size analysis by DLS studies and zeta potential analysis. The size of both polymeric-ionic binary combinations of TMS was 32.0 nm and 52.0 nm which is ideal for tissue penetration and blood circulation. The zeta potential measurement of TMS + P-123 + ADS shows -32.4 mV against TMS + P-123 + CPB value, 13.3 mV. This is indicative of a more stable colloidal system of the former combination. It is due to probable higher affinity of ADS than CPB while present in binary system while interacting with TMS. This report offers two alternate combinations of the binary polymeric surfactants of Telmisartan with higher solubilization, and better cellular uptake.

### Compliance with ethical Standards Conflict of interest

The authors state that they do not have any conflicts of interest.

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### Credit authorship contribution statement

**E. Paul Raj:** Investigation, Methodology, Writing – original. **Dr. Sasmita Dash:** Supervision, Validation, Writing – review & editing. **Sutharsan karunanithi:** Conceptualization, Data curation, Formal analysis. **Puspalata Rajesh:** Resources, Visualization, Data curation, Formal analysis.

### Data Availability

This published paper includes all data produced or analyzed during this project.

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### **Figures and Tables Caption:**

Fig 1. The structures of (a) drug Telmisartan (b) Pluronic P-123 (c) Cetyl Pyridinium Bromide and (d) Ammonium Dodecyl Sulfate.

Fig 2. Specific conductivity of (a) CPB (b) CPB + Pluronic P-123 and (c) CPB + Pluronic P-123 + Telmisartan

Fig 3. Specific conductivity of (a) ADS (b) ADS + Pluronic P-123 and (c). ADS + Pluronic P-123 + Telmisartan.

Fig 4. IR spectra of (a). TMS, (b). TMS + P-123, (c). TMS + P-123 + CPB, (d). TMS + P-123 + ADS

**Fig 5 (a).** UV absorbance spectrum of Telmisartan with different concentrations of Pluronic P-123 (**A**). X (14.41  $\mu$ M) (**B**). X + P-123 (0.43 mM), (**C**). X + P-123 (0.87 mM), (**D**). X + P-123 (1.30 Mm), (**E**). X + P-123 (1.74 mM), (**F**). X + P-123 (2.17 mM), (**G**). X + P-123 (2.61 mM), (**H**). X + P-123 (3.05 mM), (**I**). X + P-123 (3.48 mM), (**J**). X + P-123 (3.92 mM). Inset: Molar extinction coefficient vs. concentration.

**Fig 5 (b). UV** absorbance spectrum of Telmisartan in the presence of fixed Pluronic P-123 + different concentrations of Cationic Surfactant CPB (**A**). TMS (14.41  $\mu$ M) (**B**). (TMS (14.41  $\mu$ M) + P-123 (0.87 mM)) X + CPB (1.04 mM), (**C**). X + CPB (2.08 mM), (**D**). X + CPB (3.12 mM), (**E**). X + CPB (4.16 mM), (**F**). X + CPB (5.20 mM), (**G**). X + CPB (6.24 mM), (**H**). X + CPB (7.28 mM), (**I**). X + CPB (8.32 mM), (**J**). X + CPB (9.36 mM). Inset: Molar extinction coefficient vs. concentration.

Fig 5 (c). UV absorbance spectrum of Telmisartan in the presence of fixed Pluronic P-123 + different concentrations of Anionic Surfactant ADS (A). TMS (14.41  $\mu$ M) (B). (TMS (14.41  $\mu$ M) + P-123 (0.87 mM)) X + ADS (3.17 mM), (C). X + ADS (6.35 mM), (D). X + ADS (9.52 mM), (E). X + ADS (12.7 mM), (F). X + ADS (15.87 mM), (G). X + ADS (19.05 mM), (H). X + P-123 (0.87 mM) + ADS (22.22 mM), (I). X + ADS (25.4 mM), (J). X + ADS (28.57 mM). Inset: Molar extinction coefficient vs. concentration.

**Fig 6.** Change in the zeta potential of Drug Telmisartan in single and mixed micellar systems. (Assign which colour is for which system here itself or near the values.) (a). P-123, (b). CPB, (c). P-123+CPB, (d). P-123+CPB+TMS, (e). ADS, (f). P-123+ADS, (g). P-123+ADS+TMS.

**Fig 7.** Dynamic light scattering data of Drug Telmisartan in single and mixed micellar (a) Cetyl Pyridinium Bromide and (b) Ammonium Dodecyl Sulfate systems.

Fig 8. SEM images of (a). TMS, (b), TMS + P-123, (c). TMS + P-123 + CPB, (d). TMS + P-123 + ADS at different magnifications.

**Table 1.** Thermodynamic parameters of Telmisartan in the ionic and non-ionic mixed micellar systems at different chemical environments were collected from literature with results from this work.

Table 2. The IR spectrum of (i) TMS, (ii) TMS + P-123, (iii) TMS + P-123 + ADS, (iv) TMS + P-123 + CPB.

Table 3. IR spectra of Telmisartan in different chemical environments collected from the literature.

**Table 4.** Evaluated binding constant ( $K_b$ ), and correlation coefficients ( $R_c$ ) for complex from TMS + P-123, TMS + P-123 + CPB, TMS + P-123 + ADS Ultra Violet visible technique.

Table 5. Zeta potential for pure and mixed Pluronic in the presence and absence of Telmisartan.

**Table 6.** DLS data showing the variation of the hydrodynamic diameter in pure and mixed Pluronic in the presence and absence of Telmisartan.

Supplementary Fig 1. Calibration of telmisartan.

**Supplementary Fig 2.** Evaluation of binding constant for complex from (a). TMS + P-123, (b). TMS + P-123 + CPB, (c). TMS + P-123 + ADS Ultra Violet visible technique.

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### **Graphical Abstract**



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Supplementary Fig 1. Calibration of telmisartan



**Supplementary Fig 2.** Evaluation of binding constant for complex from (a). TMS + P-123, (b). TMS + P-123 + CPB, (c). TMS + P-123 + ADS Ultra Violet visible technique